

# ESSENTIAL VOCABULARY

This essential vocabulary list is aimed to facilitate listening comprehension.



TERM	DEFINITION
Panela / Papelón	Unrefined whole cane sugar
Queso	Cheese
Harina	Flour
Mantequilla	Butter
Canela	Cinnamon
Levadura	Yeast
Huevo	Egg
Azúcar moreno	Brown sugar
Golfo de México	Gulf of Mexico
Postre	Dessert
Enrollar	Roll
Untar	Spread
Mezclar	Mix
Hornear	Bake
Amasar	Knead